



# GARY & CAROL CREES

## EARLY CHILDHOOD TRAINING

### EARLY CHILDHOOD MUSIC, MOVEMENT & WELLBEING TRAINING

- Workshops
- Seminars
- Conferences
- Staff development

These workshops are an excellent opportunity to learn developmentally appropriate songs, rhymes & dances as well as to update skills, gain new ideas, increase confidence & keep in touch with current research, in a creative, relaxed & enjoyable way. Our wellbeing workshops introduce simple & enjoyable ways to support health & relaxation for children, teachers & carers.

**We are happy to come to your centre, network group or conference venue.**

### MUSIC & MOVEMENT (2-6 yrs)

- Making Music a Multisensory experience
- YogaPlay & Relaxation

- Songs & Dances around the World
- Making Music Fun
- Rhythm, Rhyme & Beat - using Orff Schulwerk with children
- BrainDance - movement milestones for fun and learning

### BABIES (0-3 yrs) / CHILDREN with ADDITIONAL NEEDS

- Touch, Sound & Movement for 0-3's
- Music & Massage for Babies
- Music for Children with Additional Needs

### RELAXATION / WELLBEING

- For Teachers, Carers & Parents - how to thrive rather than just survive.
- For Children - healthy body / active brain, promoting best learning opportunities
- For Families - supporting parents / nurturing children

**For more information visit our website or contact us as below**

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